



Spring Term 2025

**WELCOME TO THE ALL SAINTS
CATHOLIC SCHOOL CAREERS
NEWSLETTER**

We hope that the newsletter will be a helpful resource for students and families to help with thinking about the future. In this newsletter you will find useful websites and events that will inform and inspire young people about life after All Saints Catholic School.



**Wishing you a blessed and
joyful Easter break.**

THE CAREERS TEAM

The school has its own Careers Information, Advice and Guidance (IAG) service run by Mr Manjra and Mrs Shepherd

Students can speak to us Monday to Friday at break and lunchtime.

We are in SG1 and the Careers Office respectively.

Students and parents can also email any questions (or arrange a chat)

smanjra@allsaintsschool.co.uk

dshepherd@allsaintsschool.co.uk



**REMEMBER TO CHECK OUT ALL OF THE
RESOURCES AVAILABLE ON UNIFROG.**

You can login using your school email and password.



Apprenticeships

We have produced a brief guide to apprenticeships. If you would like to view it please use the link below.

[Apprenticeship Leaflet](#)

External opportunities



Find the right career path for you, in your own time!

Navigating the world of work can be daunting and stressful. We understand, we've been through it with thousands of students, we feel your pain. Complete our experiences around your studies and begin your career now.

<https://www.springpod.com/virtual-work-experience/search>



Is your young person considering a career in medicine?

BSMS Virtual Work Experience is a course which provides a 'virtual' work experience for those thinking to apply to medical school. You will be introduced to the NHS before exploring the roles and skills sets of six different medical specialists. Along the way you will also consider some of the challenges and wider issues doctors face.

<https://bsmsoutreach.thinkific.com/courses/VWE>

External opportunities



WEX Picks of the Week

Kick off your career! - Working in Football - Virtual Work Experience .

Dreaming of a career in football?

With input from professionals from Newcastle United fc, Middlesbrough fc, those from the media side of the game and various other footballing careers this is the place to start.

What's in Store:

On-Pitch Insights: Participate in discussions and demonstrations with coaches, players and staff from football teams and other areas of the football world. Discover the techniques and strategies that drive success from Premier League teams to grassroots clubs.

Behind-the-Scenes Access: Get an inside look at various roles in football, from sports management and marketing to analytics. Learn from industry professionals about what it takes to make it in the football world. Also learn about alternative routes including starting your own business.

<https://www.speakersforschools.org/results?opp=7F60272B-E7D7-48BF-D354-08DD57E4ABB2>

Unlocking a Future in Engineering: The Good Enough Principle

Are you curious about how things work? Do you enjoy solving problems and innovating solutions? Have you ever considered a future in engineering?

At Sensata, our mission is to create products that deliver safety, efficiency, and sustainability for a better world. We believe in inspiring the next generation of engineers by providing opportunities to learn, explore, and grow. Our aim is to equip aspiring engineers with the knowledge and skills they need to tackle real-world challenges, from designing cutting-edge technology to improving everyday systems.

If you're eager to dive into the world of engineering and innovation, this is the perfect opportunity for you!

<https://www.speakersforschools.org/results?opp=F9232999-CDA6-4BCA-BAF0-08DD605EE702>

External opportunities



A free employability and financial education programme, to unlock skills and employment opportunities for all ages. Accessed through educators, organisations, families or directly, as well as our specialist charity partners who work in under-represented communities providing tailored support.

<https://barclayslifeskills.com/>



We are Amazing Apprenticeships

A leading organisation in the education sector, founded to tackle misconceptions about apprenticeships and promote the benefits.

Explore the range of inspirational and informative resources, helping to explain apprenticeships to parents/carers.

<https://amazingapprenticeships.com/resources/?parents=1>

External opportunities



This event is for students who are in years 11, 12 and 13 who are interested in Business, Finance, Accounting & Professional Services

This one -day virtual experience is designed to give students valuable exposure to the world of professional services, helping them build confidence, develop key skills and gain an understanding of career opportunities at KPMG.

Event Details.

Monday 14th April (virtual)

10am - 3pm

For more information use the link below.

<https://young-professionals.us21.list-manage.com/track/click?u=40f3de5366f8028a7560bb6a0&id=327736252e&e=adf5ebb03b>



University of East London

**All Saints School has a partnership with the University of East London
and we now have access to a free resource designed to support year
10/11 students in preparing for the future of work.**

Digital Skills Pathway is an interactive tool that helps students navigate the evolving job market. The resource includes activities and videos covering

The future of careers - emerging trends and opportunities

Essential skills - key competencies for future success

AI's role - how artificial intelligence is shaping career landscapes

Our students can access the pathway by visiting <https://careerzone.uel.ac.uk/unauth> registering under the **Prospective Student** tab and unlocking valuable career insights

Careers activities in school

YipiYap

Our year 13 students took part in an assembly delivered by an organisation called YipiYap. who recruit young people taking a gap year and provide them with paid employment tutoring English, maths and sciences in local secondary schools.

Students had the opportunity to listen to the role of a YipiYap tutor and the additional benefits that come with working for them



University of East London

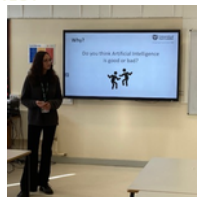
Our year 12 students attended a workshop delivered by UEL Careers & Student Enterprise Team.

The Industry 5.0 Workshop introduced students to Industry 5.0 - the next global industrial revolution which revolves around the technological advances of AI, robots and virtual reality. They explored the future of the labour market in light of these advances and learnt about the human skills which will become increasingly important to employers in Industry 5.0 like creativity, resilience and compassion.



**University of
East London**

OUR STRATEGY



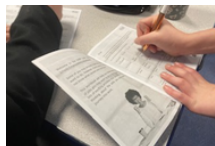
Careers activities in school



We celebrated National Apprenticeship Week with a variety of events, assemblies and workshops delivered to our year groups by external organisations and speakers.



Barking & Dagenham College - Apprenticeship Team came into school and spoke to our year 9 and 10 students about the variety of apprenticeships available in the UK and the companies they partner with in delivering the qualification.



Staff from the DWP delivered workshops to year 7 students covering the skills needed in the World of Work. Students completed a work book and did lots of fun activities to start them thinking about possible career pathways.

Careers activities in school



A number of our year 9 students heard from an apprentice at PwC. Suyi Ots-Osemwage kindly gave up his time to talk to our young people about his apprenticeship journey with PwC. He is studying a level 4 apprenticeship in management consultancy.



Drop Everything and Read

In DEAR time students read about different career pathways.



Careers activities in school



Year 8 & 11 Assemblies

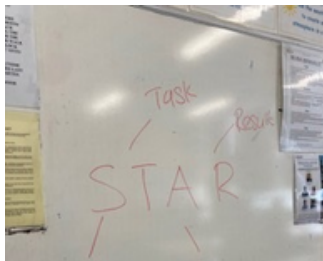
University of East London & The Army

Year 8 & 11 listened to assemblies delivered by staff from UEL and The British Army. They heard from UEL about the different levels of apprenticeships available in the UK.

The British Army shared with our year groups the wide range of apprenticeships they offer including Engineering, Public services and health, Animal care and Business administration.



Careers activities in school

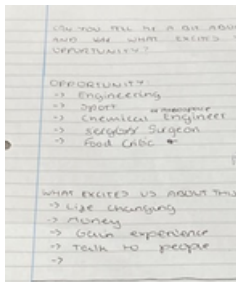


YEAR 10 Employability Workshop

Smitha Sujith from the Greater London Authority ran a workshop with some of our year 10 students focusing on interview techniques using the STAR method.

They did role-playing exercises and are now more prepared for any interviews ahead.

**GREATER
LONDON
AUTHORITY**



Careers activities in school



NATIONAL CAREERS WEEK 2025

We celebrated National Careers Week with lots of great activities and events over the week. These included visits from The NHS, PWC and Formula E.

Our careers fair at the end of National Careers Week was supported by many organisations such as B & Q, The British Army, The NHS and a number of universities including UEL and University of Leicester.

Years 8 -13 had the opportunity to visit the fair and find out useful information regarding their potential career pathways.



Careers activities in school

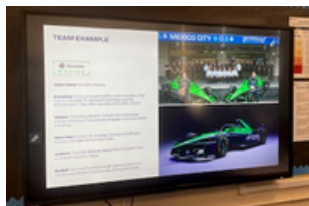


FORMULA E

Formula E is more than just a racing series - all their cars are powered by electricity powering the way for the road cars of tomorrow.

Some of our year 9 students were fortunate to take part in a workshop delivered by the team from Formula E and the challenge was to create a team, choose a team name, design a uniform and logo and to source sponsorship for their team.

The last challenge was to decide on team goals and what they wanted to achieve this year.



Careers activities in school

DWP

Natasha Whittingham from the education team at the DWP ran a workshop for all Year 8 students about the World of Work. Students took part in different activities which helped them to complete a workbook. They identified skills and qualities needed for a range of jobs, looked at a CV and took part in ice breaker and work based challenges.



Capegemini

Capgemini are a global technology, consulting and outsourcing provider who help organisations transform and manage their business through technology.
Our year 10s heard from two employees of Capgemini about the various career pathways available at this company. They also shared their career journeys from school to the present.

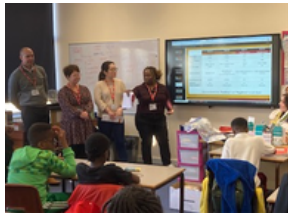


Careers activities in school



PWC

Staff from PwC visited the school and delivered a workshop to year 7 students called Money Making Sense. Students learnt the basics of banking, saving and budgeting. During the session they were able to complete a workbook and completed tasks which will help them understand all things relating to money.



Careers activities in school

Careers Fair 2025

National Careers Week ended with our careers fair where year 8 to 13s had the opportunity to network with employers, organisations and universities, including the NHS, B&Q, The British Army, Barking & Dagenham Council, London Fire Brigade and representatives from universities including Leicester, Essex, London Met and UEL

We were delighted to welcome the exhibitors to our school and hope that our young people were inspired by the event.



UNIVERSITY OF
LEICESTER



LONDON
METROPOLITAN
UNIVERSITY



Careers activities in school



**Barking, Havering and Redbridge
University Hospitals**
NHS Trust

NHS

Our potential medic & healthcare students from year 10,12 and 13 took part in a workshop delivered by staff from the pediatric team at Queens Hospital. We welcomed Dr Nicholls and her team of senior pediatric nurses to school. We also had a visit from a junior doctor who is working on the pediatric ward.

Students heard of the different pathways within the NHS, the skills, qualifications and qualities needed. The NHS team brought into school life like baby manikins and demonstrated resuscitation techniques that would be used in a hospital.

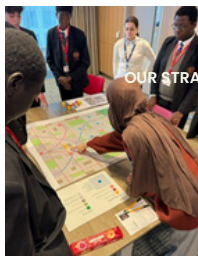
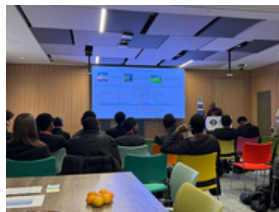
This session has hopefully inspired our young people to consider roles within the NHS



Careers Trips

TRANSPORT FOR LONDON

Year 10 students visited the Stratford office of TFL and took part in a VIP day. They heard about the range of apprenticeship and graduate roles within TFL and listened to current apprentices about the reasons they chose to do an apprenticeship with TFL. The second half of the morning saw our students taking part in planning activity centered around their own school and what they would do to improve transport links and make the roads safer.



**We are always looking for speakers in a wide range of areas.
If you are interested please do get in touch with us.
Thank You.**

OUR STRATEGY