

## All Saints Catholic School Pastoral bulletin

Dear Parent and students

We hope you enjoyed the range of activities shared with you for mental health week. There was a wonderful range of podcasts and apps all focused on raising positive mental health at home.

This week we have the start of the parent partnership evenings with a variety of themes. From internet safety, positive relationships, raising aspirations and support with learning at home. They all start at 5pm feel free to drop into any sessions that you can, they will all be made available online to watch if you miss the live broadcast.

In this bulletin we have collated the boroughs offer of additional support which include additional online safety, parental trauma awareness training and Prevent awareness training. As more initiatives become available these will be passed on to you.

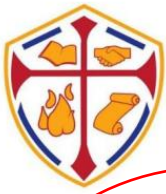
With regards

Mr R Poddington Deputy Headteacher

### All Saints Parent partnership event:

1. Internet Safety day - Online safety and tools to help track children's activity  
9<sup>th</sup> February
2. Encouraging effective communication and developing positive wellbeing - positive and supportive relationship between parents, students and staff  
10<sup>th</sup> February
3. Establishing Positive Mental health at home  
11<sup>th</sup> February
4. Engaging in children's learning - information and tools that are available to ensure that your child achieves the academic outcomes  
KS3 - 24<sup>th</sup> Feb  
KS4 25<sup>th</sup> February
5. Setting aspirational goals and empowering your child to make effective decisions  
3<sup>rd</sup> March

Each session will be at 5pm and can be signed into using the following link [Click here to join the meeting](#)



Sharing Positive and Relevant Keys 2 Life ...

# TRAUMA AWARENESS TRAINING

By raising awareness of how life experiences affect behaviour we grow in empathy and equip ourselves to have better relationships. As such Spark2Life are delivering Trauma Awareness training sessions for adult members of the Barking and Dagenham community who want to improve their interactions with young people.



## Who?

This training is for parents, business owners, faith leaders & adult members of the community who want to improve their relationships and interactions with young people in the community.



## When?

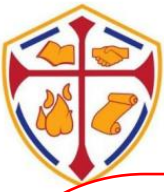
TIME  
(including a 10min break after each hour)



## Where ?

Online Zoom  
WebinarRoom ID will be sent once registered

If you would like to take part please email: [admin@spark2life.co.uk](mailto:admin@spark2life.co.uk)  
[www.spark2life.co.uk](http://www.spark2life.co.uk)

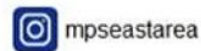


# GANGS & EXPLOITATION AWARENESS

A 3-week online programme  
for parents and carers



Hosted by DC Anoushka Dunic,  
East Area Gangs Engagement Officer



Gangs & Exploitation Awareness Training for Parents and Carers– this is a three week course that will explore and develop awareness of the gang culture. It will develop your ability to protect your child and develop resilience in them to resist the pull of this culture.

To find out more or to book a place please follow this link:

[Gangs & Exploitation Awareness for Parents/Carers- 3 week online course Tickets, Thu 25 Feb 2021 at 19:00 | Eventbrite](#)

## Champions Support Network

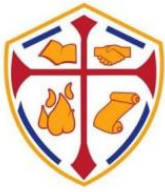


The Champions Support Network is a company providing a valuable helping hand for parents and carers out there, especially if you sometimes find that raising and caring for a young person is really challenging

**Champion Peer Mentors** are local parents and carers, just like you, who have experience and knowledge and can guide you in navigating the various support systems you require.

Please follow the link below to find out more:

[Champions Support Network - LifeLine Projects](#)



Small Steps: Seeking to stop the circle of hate, we promote the concept of Education Not Violence as being part of the answer in reducing extremism

AllSaints  
CATHOLIC SCHOOL



## Help us stop far-right extremism in the UK

Far-right extremism is a challenge in the UK, but together we can tackle the problem. Small Steps is a network of individuals and organisations dedicated to creating safer schools, local areas and communities.

Within our network we have experts and former extremists who bring their first-hand knowledge to expose the way far-right groups operate, their recruitment strategies and their ultimate goals.

We train teachers, community groups, faith leaders and frontline workers to spot signs of radicalisation and develop counter-arguments to far-right ideology. We will assist you in getting at-risk individuals out of the far right.

We provide seminars and workshops to raise awareness of the far right, and offer support to anyone seeking to learn more about extremism. For more information please visit our website - [smallsteps.ltd](http://smallsteps.ltd)



### Operating nationwide, we offer bespoke training and support to:

- schoolchildren, students, teachers and staff
- young people and at-risk youth
- government departments
- community and faith groups.

Please visit our website - [smallsteps.ltd](http://smallsteps.ltd)  
or write to us at [info@smallsteps.ltd](mailto:info@smallsteps.ltd)  
Address: BM Box 55976, London WC1N 3XX