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| **YEAR 7** | Autumn 1  Physical & Emotional Health & Wellbeing | | Autumn 2  Physical & Emotional  Health & Wellbeing | Spring 1  Living in the wider world | | Spring 2  Living in the wider world | | Summer 1  Relationships | | Summer 2  Relationships | |
| PSHE Topics | * 1. New Beginnings * 2. Learning 2 Learn + Friendships/self-esteem * 3. Online safety & mental health * 4. Healthy Routines | | * 1. Learning 2 Learn + Healthy Eating Presentation * 2. Healthy Eating Research + Anti-Bullying Week * 3. Christmas PSHE | * 1. Learning 2 Learn & Introduction to philosophy * 2. Introduction to Economics * 3. Introduction to careers | | * 1. Learning 2 Learn & Introduction to UK Government and Politics * 2. Introduction to Unifrog * 3. Easter PSHE | | * 1. Learning 2 Learn & Active Listening * 2. Student-led anti-bullying activities | | * 1. Learning 2 Learn & Community Life * 2. How to recognise consent * 3. Conflict management and resolution | |
| Students will learn | * The impact of stereotyping, prejudice and discrimination on individuals and   relationships   * The need to promote inclusion and challenge discrimination, and how to do   so safely, including online   * The importance of, and strategies for, maintaining a balance between school, leisure, exercise, and online activities | | | * The importance and benefits of being a lifelong learner * About different work roles and careers, including clarifying their own early aspirations * An introduction to the principles of philosophy, UK politics and economics * To assess and manage risk in relation to financial decisions that young people might make | | | | * About different types of relationships, including those within families,   friendships, and the factors that can affect them   * The importance of trust in relationships and the behaviours that can undermine or build trust * To develop conflict management skills and strategies to reconcile after conflict * Indicators of positive, healthy relationships and unhealthy relationships * That relationships are a social and emotional commitment that should be entered into freely, and never forced upon someone through threat or coercion | | | |
| Link to UN Declaration on the Rights of the Child | * 2. No discrimination * 8. Identity * 24. Health, water, food, environment * 30. Minority culture, language and religion | 6. Life, survival and development  27. Food, clothing, a safe home | | * 4. Making rights real * 6. Life, survival and development | 26. Social and economic help | | * 12. Respect for children’s views * 13. Sharing thoughts freely * 15. Setting up or joining groups | | 9. Keeping families together | |