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| **Year 12**  | Autumn 1Physical & Emotional Health & Wellbeing | Autumn 2Physical & EmotionalHealth & Wellbeing | Spring 1Living in the wider world | Spring 2Living in the wider world | Summer 1Relationships | Summer 2Relationships |
| PSHE Topics | * 1. L2L & Project Introduction
* 2. Healthy eating balanced diet (learning/researching)
* 3. Black History Month
* Equality Act/Discrimination
* 4. Winners cooking others reflecting
 | * 1. L2L & work with year 7
* 2. Managing exam stress and anxiety
* 3. Work with year 7
 | * 1. L2L & registering to vote
* 2. Pathways other than Universities and Yipiyap
* 3. Applying for apprenticeships and Unifrog
 | * 1. L2L & Taxation
* 2. Employability (Uptree- guest speaker)
* 3. Easter PSHE
 | * 1. L2L & Employing techniques for revision
* 2. Exploring the influence and impact of role models and the media
 | * 1. L2L & Employing techniques for revision
* 2. Relationships and consent
* 3. Preparing for Year 13
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| Students will learn | * The impact of stereotyping, prejudice and discrimination
* The need to promote inclusion and challenge discrimination, and how to do so safely, including online
* To further develop the skills of clear communication, negotiation and compromise
* How to maintain work-life balance, including understanding the importance of continuing with regular exercise and sleep, and balancing time online
 | * The importance and benefits of being a lifelong learner
* About routes into work, training and other vocational and academic opportunities, and progression routes
* The benefits of setting ambitious goals and being open to opportunities in all aspects of life
* The value of active democratic participation and voting behaviours
 | * About the factors that contribute to young people joining gangs; the social, legal and physical consequences of gang behaviours
* To consistently access reliable sources of information and evaluate media messages about health; and how to make informed decisions about health, including vaccination/immunisation’
* The importance of trust in relationships and behaviours that can undermine or build trust
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| Link to UN Declaration on the Rights of the Child | * 2. No discrimination
* 8. Identity
* 30. Minority culture, language and religion
 | 6. Life, survival and development27. Food, clothing, a safe home | * 6. Life, survival and development
 | 26. Social and economic help | * 12. Respect for children’s views
* 15. Setting up or joining groups
 | 9. Keeping families together* 13. Sharing thoughts freely
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