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| **Year 12** | Autumn 1  Physical & Emotional Health & Wellbeing | | Autumn 2  Physical & Emotional  Health & Wellbeing | Spring 1  Living in the wider world | | Spring 2  Living in the wider world | | Summer 1  Relationships | Summer 2  Relationships | |
| PSHE Topics | * 1. L2L & Project Introduction * 2. Healthy eating balanced diet (learning/researching) * 3. Black History Month * Equality Act/Discrimination * 4. Winners cooking others reflecting | | * 1. L2L & work with year 7 * 2. Managing exam stress and anxiety * 3. Work with year 7 | * 1. L2L & registering to vote * 2. Pathways other than Universities and Yipiyap * 3. Applying for apprenticeships and Unifrog | | * 1. L2L & Taxation * 2. Employability (Uptree- guest speaker) * 3. Easter PSHE | | * 1. L2L & Employing techniques for revision * 2. Exploring the influence and impact of role models and the media | * 1. L2L & Employing techniques for revision * 2. Relationships and consent * 3. Preparing for Year 13 | |
| Students will learn | * The impact of stereotyping, prejudice and discrimination * The need to promote inclusion and challenge discrimination, and how to do so safely, including online * To further develop the skills of clear communication, negotiation and compromise * How to maintain work-life balance, including understanding the importance of continuing with regular exercise and sleep, and balancing time online | | | * The importance and benefits of being a lifelong learner * About routes into work, training and other vocational and academic opportunities, and progression routes * The benefits of setting ambitious goals and being open to opportunities in all aspects of life * The value of active democratic participation and voting behaviours | | | | * About the factors that contribute to young people joining gangs; the social, legal and physical consequences of gang behaviours * To consistently access reliable sources of information and evaluate media messages about health; and how to make informed decisions about health, including vaccination/immunisation’ * The importance of trust in relationships and behaviours that can undermine or build trust | | |
| Link to UN Declaration on the Rights of the Child | * 2. No discrimination * 8. Identity * 30. Minority culture, language and religion | 6. Life, survival and development  27. Food, clothing, a safe home | | * 6. Life, survival and development | 26. Social and economic help | | * 12. Respect for children’s views * 15. Setting up or joining groups | | 9. Keeping families together   * 13. Sharing thoughts freely |