|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Year 10** | Autumn 1  Physical & Emotional Health & Wellbeing | Autumn 2  Physical & Emotional  Health & Wellbeing | Spring 1  Living in the wider world | | Spring 2  Living in the wider world | | Summer 1  Relationships | Summer 2  Relationships | |
| PSHE Topics | * 1. L2L and Project Introduction * 2. Alcohol and Nicotine Addiction including Vaping * 3. Research and presentation creation * 4. Black History Month * Equality Act/Discrimination | * 1. L2L + Other forms of addiction * 2. Collating final product for display in foyer * 3. Christmas PSHE | * 1. L2L and Rule of Law * 2. Introduction to Springpod * 3. Social Justice and gender-based violence | | * 1. L2L and personality check quiz Unifrog * 2. What type of career is best for me? * 3. Easter PSHE | | * 1. L2L + Exploring the influence of gangs * 2. Exploring the influence and impact of role models and the media | * 1. L2L + Peer on Peer Abuse * 2. Pressure, Persuasion and Coercion in Consent * 3. Addressing Relationship Abuse | |
| Students will learn | * The impact of stereotyping, prejudice and discrimination * The need to promote inclusion and challenge discrimination, and how to do so safely, including online * To further develop the skills of clear communication, negotiation and compromise * To understand how alcohol and drug use can affect decision making and personal safety, including caring for friends, safe travel and drink-spiking * The physical and psychological consequences of addiction, including alcohol dependence | | * The importance and benefits of being a lifelong learner * About routes into work, training and other vocational and academic opportunities, and progression routes * The benefits of setting ambitious goals and being open to opportunities in all aspects of life * What constitutes sexual harassment and gender-based violence and why these are always unacceptable | | | | * About the factors that contribute to young people joining gangs; the social, legal and physical consequences of gang behaviours * The importance of trust in relationships and behaviours that can undermine or build trust * To develop conflict management skills and strategies to reconcile after   disagreements   * Indicators of positive, healthy relationships and unhealthy relationships, including online | | |
| Link to UN Declaration on the Rights of The Child | * 2. No discrimination * 8. Identity * 30. Minority culture, language and religion | 6. Life, survival and development  27. Food, clothing, a safe home | * 6. Life, survival and development | 26. Social and economic help | | * 12. Respect for children’s views * 15. Setting up or joining groups | | 9. Keeping families together   * 13. Sharing thoughts freely |