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| **Year 10**  | Autumn 1Physical & Emotional Health & Wellbeing | Autumn 2Physical & EmotionalHealth & Wellbeing | Spring 1Living in the wider world | Spring 2Living in the wider world | Summer 1Relationships | Summer 2Relationships |
| PSHE Topics | * 1. L2L and Project Introduction
* 2. Alcohol and Nicotine Addiction including Vaping
* 3. Research and presentation creation
* 4. Black History Month
* Equality Act/Discrimination
 | * 1. L2L + Other forms of addiction
* 2. Collating final product for display in foyer
* 3. Christmas PSHE
 | * 1. L2L and Rule of Law
* 2. Introduction to Springpod
* 3. Social Justice and gender-based violence
 | * 1. L2L and personality check quiz Unifrog
* 2. What type of career is best for me?
* 3. Easter PSHE
 | * 1. L2L + Exploring the influence of gangs
* 2. Exploring the influence and impact of role models and the media
 | * 1. L2L + Peer on Peer Abuse
* 2. Pressure, Persuasion and Coercion in Consent
* 3. Addressing Relationship Abuse
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| Students will learn | * The impact of stereotyping, prejudice and discrimination
* The need to promote inclusion and challenge discrimination, and how to do so safely, including online
* To further develop the skills of clear communication, negotiation and compromise
* To understand how alcohol and drug use can affect decision making and personal safety, including caring for friends, safe travel and drink-spiking
* The physical and psychological consequences of addiction, including alcohol dependence
 | * The importance and benefits of being a lifelong learner
* About routes into work, training and other vocational and academic opportunities, and progression routes
* The benefits of setting ambitious goals and being open to opportunities in all aspects of life
* What constitutes sexual harassment and gender-based violence and why these are always unacceptable
 | * About the factors that contribute to young people joining gangs; the social, legal and physical consequences of gang behaviours
* The importance of trust in relationships and behaviours that can undermine or build trust
* To develop conflict management skills and strategies to reconcile after

disagreements* Indicators of positive, healthy relationships and unhealthy relationships, including online
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| Link to UN Declaration on the Rights of The Child | * 2. No discrimination
* 8. Identity
* 30. Minority culture, language and religion
 | 6. Life, survival and development27. Food, clothing, a safe home | * 6. Life, survival and development
 | 26. Social and economic help | * 12. Respect for children’s views
* 15. Setting up or joining groups
 | 9. Keeping families together* 13. Sharing thoughts freely
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